

Hospital

Clinics

Emergency Room
Level III Trauma

Urgent Care

Home Health

Health &
Rehabilitation



Health & Fun, All in One: Run/Walk & Bike Tour

In promoting health and community involvement, Memorial Medical Center is once again hosting its annual Grand Avenue Run/Walk & Bike Tour. The event is scheduled for Saturday, July 11th, held in conjunction with Heritage Days in Neillsville.

For \$5.00, children ages 8 and under can register to run the Kids' Dash, with a distance of one city block. The start time of the Kids' Dash is 5:30 pm.

The 6-mile and 20-mile Bike Tours begin at 4:00 pm. Individuals participating in the Run or Walk can choose a 1 mile, 5K or 10K distance. Those walking the 10K will begin at 5:30 pm. Anyone running the 10K, as well as those running or walking the 1 mile or 5K, will begin at 6:00 pm.

All participants receive a t-shirt and "goody" bag. Medals will be presented to the top three finishers in each age group of the Run/Walk. Refreshments will be available at the finish line.

If registered by July 4th, participants pay an entry fee of only \$10 for one event (Run/Walk or Bike) and \$15 for both. After July 4th, the registration fees increase to \$15 and \$20.

No bikes, rollerblades or pets will be allowed, and entrants younger than 18 will need a parent/guardian's signature to register. Bike helmets are encouraged for the Bike Tour portion.

Registration forms are available at Memorial Medical Center locations in Neillsville, Loyal, and Greenwood. For registration information, please call 743-3101 or visit www.MemorialMedCenter.org.

Neillsville

216 Sunset Place
Neillsville, WI 54456
p: 715.743.3101
f: 715.743.6245

Loyal

502 East Elm Street
Loyal, WI 54446
p: 715.255.8551
f: 715.255.8004

Greenwood

201 South Main Street
Greenwood, WI 54437
p: 715.267.3200
f: 715.267.3201